

PE Long Term Cycle – 2017-2018

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Multi-Skills (Throwing, Rolling, Catching)	Multi-Skills (Jumping, Moving, Agility)	Multi-Skills (Dodgeball,)	Multi-Skills (Sending & Receiving)	Athletics (Flexibility, Strength, Technique & Control)	Striking & Fielding
Year 1	Games & Gymnastics	Gymnastics & Multi-Skills (Balance & Agility)	Dance (PBL)Project Based Learning Activities & Multi-Skill Games (Aiming & Catching)	Gymnastics & Tennis (Hand eye-coordination)	Athletics (Flexibility, Strength, Technique & Control Football (Project Based Learning Activities)	Striking & Fielding & Football (Project Based Learning Activities)
Year 2	Gymnastics & Dance	Games (Teamwork, Throwing, Catching) & Hockey	Outdoor Adventure Games linked to PBL	Outdoor Adventure Games linked to PBL	Athletics (Flexibility, Strength, Technique & Control Dance (Project Based Learning Activities)	Striking & Fielding Dance (Project Based Learning Activities)
Year 3	Hockey & Swimming	Basketball & Swimming	Dance (PBL) Project Based Learning Activities & Swimming	Athletics & Swimming	Athletics (Flexibility, Strength, Technique & Control Gymnastics (Project Based Learning Activities)	Striking & Fielding Gymnastics (Project Based Learning Activities)
Year 4	Netball & Orienteering	Basketball & PBL (Project Based Learning Activities)	Gymnastics & PBL (Project Based Learning Activities)	Hockey & PBL (Project Based Learning Dance Routine)	Athletics (Flexibility, Strength, Technique & Control Games (Project Based Learning Activities)	Striking & Fielding Games (Project Based Learning Activities)
Year 5	Football & Basketball	Dodgeball & Orienteering	Dance (PBL)& Games linked to PBL	Athletics (Flexibility, Strength, Technique & Control &	Athletics (Flexibility, Strength, Technique & Control	Striking & Fielding Games (Project Based

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				Multi-Skills (Agility, Balance & Coordination)	Games (Project Based Learning Activities)	Learning Activities)
Year 6	Football	Volleyball	Badminton	Gymnastics	Athletics (Flexibility, Strength, Technique & Control	Striking & Fielding

All classes receive at least 1 hour of PE with Academy PE Teacher which is Mr Payne.

Some classes receive both PE lessons with Mr Payne

Those classes who only receive one lesson with Mr Payne get their second PE lesson with their respective class teachers.

71% of children in Summer Term 2018 are accessing club provision within Yarborough Academy

Activities in Orange are taught by Mr Payne

Activities in Green are taught by the Class Teachers

The Sports Premium has allowed us to buy equipment to enhance coverage e.g. Badminton equipment.